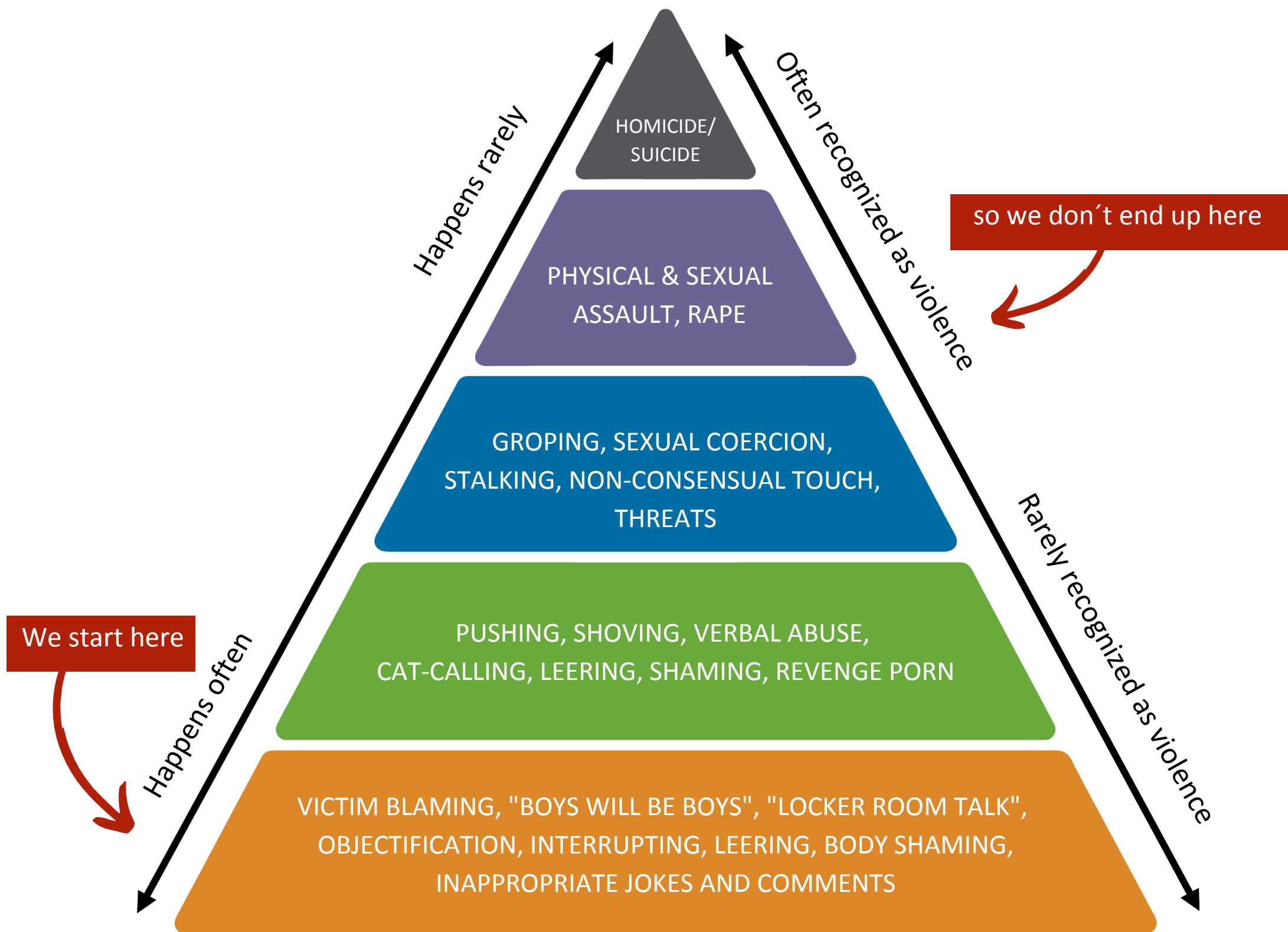


# Pyramid of Violence



## The definition of violence according to Ljusdals kommun:

Violence is any action that harms, hurts, frightens or violates another person and makes someone do something against their will.

/Per Isdal, "The Meaning of Violence"